

# Ossie and Teds



## Lent, Holy Week, Easter Journey to the Cross and Resurrection 2016

**Called to Be and to Do**

## Dear Friends

The focus for this edition of Ossie and Teds is vocation. I invite you to reflect upon what God is calling you to be and to do by entering deeply into the mystery of the Journey to the Cross and the Resurrection this year.

God calls each and every one of us to play a part in realising his Kingdom on earth. This calling was first revealed 2000 years ago to shepherds and Kings, bystanders and fishermen. Jesus, Son of God showed himself to ordinary people who made the choice to seek him out and follow him on the Way. When Jesus stood up in his home synagogue in Nazareth and read aloud the words of the prophet Isaiah he made clear who he was and why he had come:

***'The Spirit of the Lord is upon me, because he has anointed me  
to bring good news to the poor.  
He has sent me to proclaim release to the captives  
and recovery of sight to the blind, to let the oppressed go free,  
to proclaim the year of the Lord's favour.'  
(Luke 4.18-19)***

This is often referred to as Jesus' manifesto - his charter. Jesus calls each and every one of us to sign up to this manifesto. It is a call to action: a call to do.

Later, when Jesus's ministry is well under way he follows up this call to act with the call to be. This calling delivered as part of the Sermon in the Mount, and commonly known as The Beatitudes, states clearly how we should be to be part of the Kingdom of heaven



***Then he began to speak, and taught them, saying:  
'Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
'Blessed are those who mourn, for they will be comforted.  
'Blessed are the meek, for they will inherit the earth.  
'Blessed are those who hunger and thirst for righteousness, for they will be filled.  
'Blessed are the merciful, for they will receive mercy.  
'Blessed are the pure in heart, for they will see God.  
'Blessed are the peacemakers, for they will be called children of God.  
'Blessed are those who are persecuted for righteousness' sake,  
for theirs is the kingdom of heaven.  
'Blessed are you when people revile you and persecute you  
and utter all kinds of evil against you falsely on my account.  
Rejoice and be glad, for your reward is great in heaven,  
for in the same way they persecuted the prophets who were before you.  
(Matt.5.2-12)***

These two callings: **To Do and To Be** form the theme of our Lent, Holy Week, Easter journey this year. It is a vocational journey, a time to reflect upon what God's calling is for each of us. Saint Paul writes of many callings:

***Now you are the body of Christ and individually members of it.  
And God has appointed in the church first apostles, second prophets,  
third teachers; then deeds of power, then gifts of healing,  
forms of assistance, forms of leadership... (1 Cor.12.27-28)***

It is a good season of the year for each of us to look or look again at what it is to be called by God to do and to be. February is the month designated by the Church of England as Vocations month. A month of prayer. I invite you to use this time to consider what might God be calling you to do or be in our parishes and in the wider Church:

- To serve on one of our Church Councils
- To serve as Church Warden
- To serve at the altar
- To serve on one of our Discipleship Teams
- To serve in reading the bible in church
- To serve in leading prayers in church
- To serve in ministry to schools
- To serve in ministry to the sick and elderly
- To serve in ministry to the underprivileged through the work of ACTs Food Bank
- To serve in ministry to children
- To serve as a Licensed lay Minister
- To serve as an ordained minister

***You did not chose me but I chose you.  
And I appointed you to go and bear fruit, fruit that will last.  
(John 15:16)***



**Almighty God,  
you have entrusted to your church  
a share in the ministry of your Son  
our great high priest:  
inspire by your Holy spirit the hearts of many  
to offer themselves for the ministry of your church,  
that, strengthened by his power,  
they may work for the increase of your kingdom  
and set forward the eternal praise of your name;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and forever.**

Giving in the service of time is one aspect of our calling to do and to be. Another is to be generous givers of our money. This year's **Lent Giving** will be to US (USPG). Their Lent Appeal invites support to help change the future for the children of Brazil. Look out for the Sunday collection at the back of each church and pick up a personal box for home and "Pray with Us through Lent" booklet.



I pray we may all find the journey to the Cross and Resurrection this year, a spiritual and nourishing journey along the Way with our Lord.

**Many Blessings  
Trudie**

## The Lent Journey

On February 10th: **Ash Wednesday**, we begin the penitential season of Lent. In the Eucharist we receive the **Imposition of Ashes** on our forehead as a sign of our failing to live up to Christ's calling and our desire to do better:

**9.15am St Edmund's**

**7.00pm St Osmund's**

On Tuesday evenings and Wednesday mornings on our journey we reflect upon **The Beatitudes**. Course books are available on request at £5.

You can choose between:

**7.00pm at St Osmund's**

where the course will form part of an extended Eucharist

**10.30am at St Edmund's**

following on from coffee after the usual Eucharist at 9.15am

On Fridays join in the journey of the **Stations of the Cross** using the powerful images on the walls of our churches to reflect upon Christ's journey:

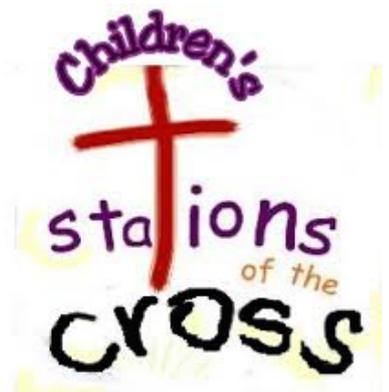
**6.00pm St Edmund's**

**6.00pm St Osmund's**

There will be a special  
**Stations of the Cross for Children and Tea Party**  
**Friday 19th February**  
**4pm St Edmund's**



**Mothering Sunday: 6th March** is also Refreshment Sunday: a pause in the season of Lent before we move into the final weeks of Passion Sunday and Palm Sunday in the journey to the Cross. It is a time to let our hair down a bit. It's why vestments take on a rose colour! It is a time to celebrate mothering: God's mothering of us, the Church as mother, and the mothering we have received from our mothers and mother figures in our lives.



## The Journey of Holy Week

This year Bishop Alastair has asked if he may come and share part of our Holy Week journey. His chosen title for four Holy Week reflections is

**Jesus and the Crowds: Mass Society and Salvation**

Within the context of Taizé Prayer and singing supported by our choir, these evenings promise to be times of spiritual nourishment as we begin the final stage of the journey to the Cross and Resurrection.

**6.00pm 20th March (Palm Sunday) St Edmund's**  
**Popularity and Prophecy – the Joy of Salvation**

**7.00pm 21st March (Monday) St Osmund's  
Perfume and the Poor – the Smell of Salvation**

**7.0pm 22nd March (Tuesday) St Osmund's  
Grain and Glory – the Cost of Salvation**

**7.00pm 23rd March (Wednesday) St Edmund's  
Blindness and Believing – the Mystery of Salvation**

## **The Triduum**

The three days of Christ's Passion, Crucifixion and Lying in the Tomb are known as the Triduum.

The worship forms one complete liturgy to take us on the final journey with Jesus to the Cross and ultimate triumph over the Cross in his glorious Resurrection. The symbolism of a continuous liturgical journey is reflected in there being no Blessing or Dismissal at the end of each service or welcome at the beginning of the next until we arrive at Easter Sunday. The worship is also highly symbolic in representing important themes of abandonment, service, darkness and light.

## **Maundy Thursday**

**Chrism Eucharist at Derby Cathedral**

**7.30pm Eucharist of The Last Supper with Footwashing and Watch St Osmund's  
7.30pm Eucharist of The Last Supper with Footwashing and Watch St Edmund's**

## **Good Friday**

**12.00pm Stations of the Cross St Edmund's**

**2.00pm The Last Hour St Edmund's**

**2.00pm The Last Hour St Osmund's**

The last Hour service invites us through hymns, psalms and prayers to journey the last hour with Jesus on the cross.

**6.00pm Tenebrae St Osmund's**

Tenebrae is the Latin word for shadows or darkness. The purpose of a Tenebrae service is to recreate the emotional aspects of the passion story.

## **Holy Saturday**

**6.00pm Service of Light St Edmund's**

A coming together in vigil and prayer focused upon the lighting of the Easter Candle and renewal of Baptismal Vows.

## **Easter Day**

**Eucharists of Light to celebrate the Resurrection of Jesus.  
!0.00am at St Osmund's and St Edmund's**